



PRIVACY POLICY

Information Collected – the following information may be collected:

- Name
- Contact information including email address
- Detailed information given about your health and wellbeing
- A record of the information gleaned from your sessions
- Demographic information such as postcode, preferences and interests where offered
- Other information relevant to customer surveys and/or offers where permission is given to contact about

What Happens to Your Data – the information is required to understand your needs and provide you with a better service, and in particular for the following reasons:

- Internal record keeping.
- We may use the information to improve our products and services.
- We may periodically send promotional emails about new products, special offers or other information which we think you may find interesting using the email address which you have provided.
- From time to time, we may also use your information to contact you for market research purposes. We may contact you by email, phone or mail. We may use the information to customise the website according to your interests.

Security – Catherine Bowen is committed to ensuring that your information is secure. In order to prevent unauthorised access or disclosure, we have put in place suitable physical, electronic and managerial procedures to safeguard and secure the information we collect online.

LEGAL INFORMATION

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If you would like to share the content of the site please

- Include my name and a web link back to the post or page on the website.



- If you share the content of the site, but only if you acknowledge the website as the source of the material by adding the link www.catherinebowen.co.uk

Thank you

Disclaimer

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Privacy policy

Catherine Bowen takes privacy and confidentiality seriously. If you have provided your contact details either on the website or via another way (for example to sign up for some information or an event), Catherine promises to not pass on or sell your contact details to any third party or use them for any reason other than to communicate with you regarding news, updates and offers.